



**Mirror Northern Championships 2017.  
Lough Ree Yacht Club  
11th/12th of May 2019**

**Sailing Instructions:**

**1. RULES.**

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020 and ISA Prescriptions 2017-2020.
- 1.2 The rules of the International Mirror Class Association (IMCA, most recent edition) shall apply, and the following rules of the International Mirror Class Association of Ireland (IMCAI, most recent edition) will also apply.
- 1.3 All competitors must be members of the IMCAI, or if not resident on the island of Ireland, must be members of their national Mirror class association.
- 1.4 All boats must carry the required safety equipment specified by the IMCAI. Safety checks may be performed by the IMCAI and/or race committee.
- 1.5 All boats shall be insured with valid third party liability insurance. The minimum indemnity limit shall be €1.5 million (or other currency equivalent) per incident.

**2. NOTICES TO COMPETITORS.**

Notices to competitors will be posted on the event notice board – Hallway window of the clubhouse.

**3. CHANGES TO SAILING INSTRUCTIONS.**

Any changes to the sailing instructions will be posted before 09.00 on the day it will take effect, except that any change to the schedule (or start time) of races will be posted by 20.00 on the day before it will take effect.

**4. SIGNALS MADE ASHORE.**

- 4.1 Signals made ashore shall be displayed from the main flagpole in front of the clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in race signal AP.

**5. SCHEDULE OF RACES.**

- 5.1 Six races are scheduled for the event as follows:-  
Day 1 – Saturday - 3 races Warning signal 11.25  
Day 2 – Sunday - 3 races Warning signal 09.55
- 5.2 Races after the first race of each day shall commence as soon as is practicable after the finish of the preceding race.  
The race committee reserves the right to sail a maximum of four races per day and / or to reschedule races to the following day as necessary.
- 5.3 No race shall start after 15.00 hours on Sunday.

**6. CLASS FLAG.**

The class flag will be International Code flag numeral No. 6 or Mirror Association can provide class flag, this will be confirmed at briefing.

**7. RACE AREA.**

- 7.1 The race area will be on Lough Ree, immediately north of the Yellow Islands.

**8. COURSES AND MARKS.**

- 8.1 Courses shall be as shown in Addendum 'C' which will be posted on the Event notice board.
- 8.2 In the event of a course change, the windward mark 1 will be represented by a different colour, to be advised at briefing, sound signal will be made at the previous mark to notify the change. This amends RRS33. The original mark will be replaced in any further change.
- 8.3 Triangle Course: - Marks 1, 2 and 3 will be large yellow ball marks

**9. THE START.**

- 9.1 The starting line will be between the main mast of a committee vessel displaying an orange flag and a black outer limit mark.

**10. THE FINISH.**

- 10.1 The finish will be between the main mast of a committee vessel displaying a blue flag and a white outer limit mark.
- 10.2 Shorten course may be finished at the finishing line or at a mark of the course between the mark and a boat displaying Code Flag S.



**Lough Ree Yacht Club**  
(Founded 1770)

#### **11. TIME LIMITS:**

- 11.1 The time limit for each race will be the earlier of 1 1/2 hours from the starting signal and 20 minutes from the finishing time of the first boat to have sailed the course. Boats finishing outside the applicable time limit will be scored Did Not Finish. This changes rules 35.
- 11.2 If no boat has passed the first mark of the course (Mark1) within 30 minutes of the starting signal, the race will be abandoned. This amends SI 14.1 of the IMCAI Championship Sailing Instructions 2007 and RRS 35.

#### **12. SCORING.**

- 12.1 3 races are required to constitute a championship
- 12.2 Discards:- when up to 3 races have been completed, a boat's series score will be the total of her race scores.
- 12.3 When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

#### **13. PROTESTS:**

- 13.1 Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.
- 13.2 The protest time limit is 75 minutes after the last boat has finished the last race of the day (or 75 minutes after the last race has been abandoned or time limit under 14.1 expired). The protest time limit will be posted on the Official Notice Board.
- 13.3 Notices will be posted within 45 minutes of the protest time limit to inform competitors of the time and location of hearings.
- 13.4 On the last day of the regatta a request for reopening a hearing shall be delivered
  - (a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
  - (b) No later than 30 minutes after the party requesting reopening was informed of the decision on that day.

#### **14. REPLACEMENT OF CREW OR EQUIPMENT:**

- 14.1 Substitution of damaged or lost equipment will not be allowed without the prior written approval of the race committee and prior to racing using such substitute equipment.
- 14.2 Substitution of competitors will not be allowed without the prior written approval of the race committee and prior to using such replacement crew. Substitute helms are not permitted.
- 14.3 Permission may be given verbally by the race committee on the water.

#### **15. EQUIPMENT & MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

#### **16. COMPETITORS BRIEFING.**

- 16.1 The competitors briefing shall be held on Saturday at 10.30 hours in the clubhouse. Additional briefings may be held as necessary and will be notified by hoisting ICF 'D' and making one sound signal five minutes before such briefing time.

#### **17. LUNCH.**

A lunch break will be indicated after the finish of the second race of the day by the hoisting of International code flag T and one sound signal. The end of lunch shall be indicated by multiple sound signals and the dropping of IC flag T. Racing shall restart ASAP – competitors are requested to remain close to the committee boat. The time for lunch will be approximately 15 minutes and shall not be protestable.

#### **18. SAFETY.**

- 18.1 A safety tag system **may** be operated throughout the event as described at the briefing.
- 18.2 A boat that retires from a race shall notify the race committee as soon as possible.

#### **19. SUPPORT BOATS.**

Boats designated by the race committee to lay marks, perform race management and rescue duties, to carry umpires/juries, to carry race committee personnel and authorised media representatives are deemed to be Official Boats. All other craft not competing in the event, including (but not limited to) those of team leaders, coaches, parents and supporters are deemed to be Support Boats. Support boats must keep clear of the race area and act in accordance with the instructions of the race committee. Failure to do so may result in the boat(s) being supported being disqualified. Arrangements for the management of Support Boats are set out in Addendum B.

#### **20. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

#### **21. PRIZE GIVING.**

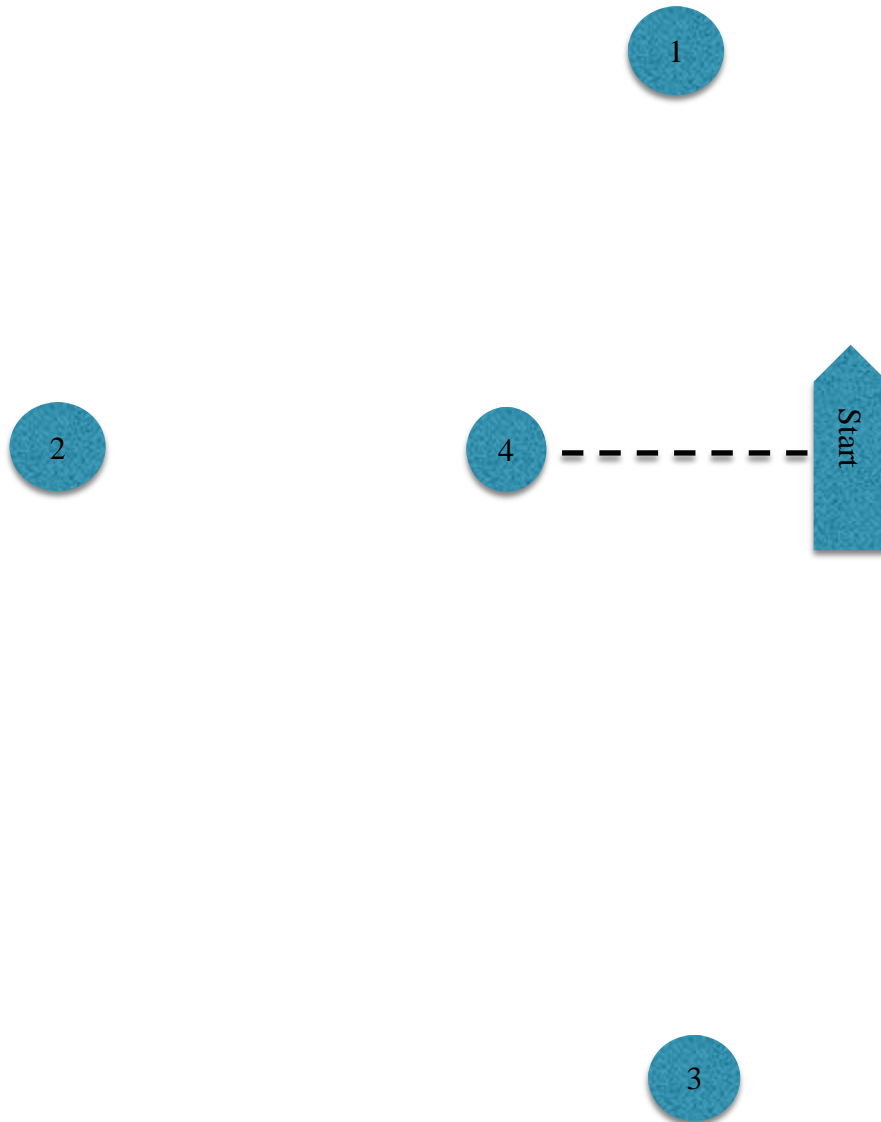
- 21.1 Prize giving will be on Sunday at approximately 16.00 in the Clubhouse.



Lough Ree Yacht Club  
(Founded 1770)

APPENDIX C.

COURSE -1 – TRIANGLE. 'O' Class Flag



TRIANGULAR COURSE  
Start-1-2-3-1-3-1-2-3-Finish