

Single use water bottles are NOT welcome at Lough Ree Yacht Club!  
IODAI Connaught Championships 2021



**Lough Ree Yacht Club**  
(Founded 1770)

## International Optimist Dinghy Association of Ireland

**Connaught Championships 17<sup>th</sup>-18<sup>th</sup> July 2021**

**SPONSORED BY**

**PROVIDENT**

## NOTICE OF RACE

**Organising Authority(OA):** Lough Ree Yacht Club (LRYC) in association  
with the International Optimist Dinghy Association of Ireland (IODAI)

Coronavirus  
**COVID-19**



This event is subject to the Covid 19 guidelines as laid out by the Irish Government. All people associated with this event must comply with these conditions. These conditions are changing as the event approaches and will influence the running/organisation/cancellation of this event.

### **Covid-19**

**Government travel restrictions at the time of the event will apply.**

By taking part in the event covered in this NOR, each competitor agrees and acknowledges that they are responsible for complying with any regulations in force in respect to COVID-19 and for complying in full with LRYC covid procedures. Competitors, parents and coaches must comply with any reasonable request from an event official.

### **MANDATORY COVID REGISTRATION**

**All event Visitors to Lough Ree Yacht Club must complete our CONTACT TRACING at <https://www.lryc.ie/lryc-return-to-sailing/> and tick the selection box for Optimist Connaught's.**

## **1 Rules**

- 1.1 The Championship will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 Irish Sailing prescriptions will apply.
- 1.3 IODAI Class Rules will apply.

## **2 Advertising**

- 2.1 Sailor advertising is permitted on the hull as per World Sailing Regulation 20.3.2 but as restricted by Class Rule 2.8.
- 2.2 Boats may be required to display advertising chosen and supplied by the organising authority. If this rule is broken, World Sailing Regulation 20.9.2 applies (DP).

## **3 Eligibility and Entry**

- 3.1 Competitors must be members of IODAI or their National Optimist Association.
- 3.2 Entry is open to all sailors who are under 15 on the 1st January in the year of the championship.
- 3.3 The entry fee for all sailors (Main Fleet and Regatta) is €60 and must be paid must be paid when registering at [www.iodai.com](http://www.iodai.com).
- 3.4 The closing date for entries is the Sunday prior to the event.
- 3.5 A completed declaration of the Parent/Guardian Consent Form shall be submitted at registration.
- 3.6 All entrants must race under the registered sail number as submitted on the online application form. Changes to sail numbers and boat detail can be made on your IODAI profile one week prior to event. Manual changes will not be accepted at registration and failure to sail under the registered sail number will result in a penalty of 5 points.

## **4 Event Description and Venue**

- 4.1 The event will comprise two fleets, a main fleet which will compete for the Junior and Senior Championship and a Regatta Fleet which will combine coaching and racing.
- 4.2 The venue is Lough Ree Yacht Club (LRYC) and Racing will take place on Lough Ree.

## **5 Main Fleet Divisions**

- 5.1 Senior and Junior Divisions: Boats will be divided into two divisions with separate starts as follows:
  - Junior Division: Sailors under 12 on the 1st of January in the year of the regatta.
  - Senior Division: Sailors over 12 but under 15 on 1st of January in the year of the regatta.
- 5.2 Gold and Silver Fleets: Within each division there will be a further split into Gold and Silver Fleets. Boats will be assigned to a fleet based on the criteria and rules of

management for Gold and Silver fleet qualifications. IODAI Gold and Silver fleet rules are available on the IODAI website at [www.iodai.com](http://www.iodai.com). Gold and Silver fleets shall have a single start within their division.

## **6 Schedule**

### 6.1 Timetable

#### **Friday 16<sup>th</sup> of July**

**18:00-20:00** Registration

#### **Saturday 17<sup>th</sup> of July**

**09:00-10:30** Registration

**10:30** Support vessel Briefing

**10:45** Competitors Briefing for Main Fleet

**11:00** Competitors Briefing for Regatta Fleet

**12:25** First warning signal.

#### **Sunday 18<sup>th</sup> of July**

**10:25** First warning signal.

6.2 Six races are scheduled. 3 races are required to be competed to constitute a series. No more than 4 races may be sailed on any one day.

6.3 On the last scheduled day of the regatta, the first warning signal of a race shall not be made after **15:00**

## **7 Registration / Measurement Validation**

7.1 Competitors may be asked to have Hull, spars, foils and sails measured by a qualified Measurer if required.

## **8 Scoring**

8.1 When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.

8.2 When four or more races have been completed, a boat's series score will be the total of her race scores excluding her worst excludable score.

## **9 Penalty Systems**

9.1 RRS Appendix P will apply

9.2 RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

9.3 RRS Appendix T will apply. If a party is not present at an arbitration meeting, any party that was present may take a Post-Race Penalty at any time until the Protest Committee has completed taking evidence. This changes RRS T1 (a).

## **10 Sailing Instructions & Briefing**

10.1 The Major Event sailing instructions will apply and are available on the IODAI website.

10.2 Supplementary Sailing Instructions will be circulated on the event WhatsApp link below

<https://chat.whatsapp.com/GWtpsTimDwl3IsKuXRxdHQ>

## Optimist Connaught Event

WhatsApp group



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### 11 Safety Check

11.1 A list of the mandatory equipment required and the process to be adhered to is posted on the IODAI website under Safety Check List. It is the responsibility of each Parent / Guardian to ensure that each sailor complies with this Safety Check List.

### 12 Support vessels

12.1 Support vessels must register with the organising committee and declare each competitor they are supporting.

12.2 Support vessels may be called upon by the Race committee and or the Safety Officer to assist with rescue operations.

12.3 Except when requested by, or agreed with, the race committee, support vessels must stay 100m distant from the race area during racing, i.e., from the warning signal until the last boat has finished each race. See also SI 26.

12.4 Visiting support vessels may launch on the main slipway on Friday evening or Saturday morning up to 10:30. **There after visiting support vessels are not permitted to launch until all competitors have launched.**

12.5 Support vessels are asked to observe the Shannon Navigation.

12.6 Briefing for support vessels will be immediately prior to the sailors briefing at 10:30

### **13 Risk statement**

13.1 Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone".

Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor, and their parents / guardians, agree and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, rescue boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
- (f) The provision of rescue boat cover is limited to such assistance, particularly in extreme weather conditions as can be practically provided in the circumstances.
- (g) The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in this Notice of Race.

### **14 Insurance**

14.1 Each participating boat and support vessel shall be insured with adequate valid third-party liability insurance.

### **15 Regatta Fleet Competency**

15.1 All Regatta Fleet sailors must be competent and capable of sailing a triangular course (with approximately 250m legs) in light to moderate winds.

### **16 Trolleys**

- 16.1 All trolleys must be in full working order and marked with a current sail number.
- 16.2 Old trolley tags must be removed; new trolley tags will be issued at Registration.

### **17 Catering**

17.1 All competitors are to bring their own packed lunch each day in a waterproof lunch bag, or suitable plastic container, clearly marked with their sail number.

### **18 Data Protection and Image Rights**

18.1 By registering and entering this event the competitors give the organising authority permission to collect and use data about the competitor for the purpose of organising this championship.

18.2 By entering the championship competitors their parents or guardians and support persons accept that

the organising authority may arrange for images or videos to be taken at the event both on and off the water. They consent to the taking of such images and to the use, reuse, publications and republication of such images in any media, in conjunction with the competitors name or not, without compensation and without the competitor's approval of such images or use thereof. The images may only be used for the promotion of the event by the organising authority or by IODAI.

### **19 Environmental Policy at Lough Ree Yacht Club (LRYC).**

19.1 LRYC is in the process of implementing an Environmental Management System, further details on this can be found on our website: [www.lryc.ie/policy](http://www.lryc.ie/policy)

19.2 Single use plastics are in the process of being banned, starting with plastic water bottles, plastic straws & plastic cutlery. Our objectives are to increase this ban year on year.

19.3 Please bring a reusable drinking bottle, which can be filled at the various taps (water stations around the Club).