



LOUGH REE YACHT CLUB  
FOUNDED 1770



NATIONAL CHAMPIONSHIPS

## *Annual Regatta*

**30<sup>th</sup> July – 5<sup>th</sup> August 2022**

The Organising Authority for this event is Lough Ree Yacht Club.  
The Regatta will take place on Lough Ree and the River Shannon, based at the Club.

<u>Classes</u>	<u>Race Officers (ROs)</u>	<u>Committee Boats</u>
Keelboat & SB20s	Vincent Rafter PRO	Aeolus
Shannon One Designs	Owen Delany RO	Tom Dennehy
Junior Classes	Luke Groarke Donagh RO	Tap Dancer

Technical Committee John Milligan Leech  
Protest IS National Judge Vincent Delany  
Protest Convenor Neil Flannery

### REGISTRATION IN THE CLUBHOUSE

Friday 19.00 to 20.00

Saturday 10.00 to 12.00 & 14.00 & 14.30

### BRIEFING

Saturday 9.30 followed by JUNIOR BRIEFING

‘[DP]’ in a rule means that the penalty for a breach of the rule may, at the discretion of the protest committee, be less than disqualification. This changes *RRS* 60.1(a).

# ***SAILING INSTRUCTIONS***

## **1 RULES**

- 1.1** The Regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the prescriptions of Irish Sailing (I.S.), these Sailing Instructions (SIs) and all relevant Class Rules.

## **2 EQUIPMENT AND MEASUREMENT CHECKS**

- 2.1** A yacht and/or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

## **3 SAILS**

- 3.1** Yachts shall use their correct sail numbers. Permission to sail using any other number must be obtained in writing from the Regatta Committee before going afloat.
- 3.2** A competing yacht shall not carry more sail than that prescribed with the course for each race.
- 3.3** SODs shall only race with sails declared at registration unless permission has been obtained, in writing, from the Regatta Committee before going afloat.

## **4 NOTICES TO COMPETITORS**

- 4.1** The Notice Board is in the front window of the clubhouse. (Junior Fleet at Old Boathouse) and may be repeated on VHF (Keelboats Channel 77).
- 4.2** Notices to competitors may also be posted using WhatsApp Group “LRYC Reegatta”

## **5 CHANGES TO SAILING INSTRUCTIONS**

- 5.1** Any change to the sailing instructions and any change to the schedule of races will be posted prior to such time as the course of the first race affected by such change(s) is posted (see 10.1 below).
- 5.2** Onshore, the displaying of Code Flag L, on the day such a change/s is/are posted, will signal changes to the SIs.

## **6 SIGNALS MADE ASHORE**

- 6.1** Signals made ashore will be displayed at the Flagstaff in front of the clubhouse.

- 6.2** Except in a Starting Sequence, when Code Flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in the race signal AP.
- 6.3** **Rule 40 Personal flotation devices (“PFDs”) always applies while racing. Flag Y will not be displayed. This changes RRS 40. Irish Law requires the wearing of PFDs at all times on any pleasure craft shorter than 7m in length. LRYC strongly recommends that PFDs be worn at all times while afloat.**

**7 SCHEDULE OF RACES**

- 7.1** Except in the case of the first race scheduled for each class, the Schedule of Races and Start Times may be changed.
- 7.2** Races postponed or abandoned may, at the discretion of the Regatta Committee, be rescheduled.
- 7.3** On the last day of the regatta no warning signal will be made after 14.55.

**8 CLASS FLAGS**

- 8.1** Class flags will be:
- |                |                       |
|----------------|-----------------------|
| Keelboats      | Code Flag E           |
| SB20           | SB20 Class Flag       |
| Optimist       | Code Flag O           |
| Pico / RS Feva | Code Flag K           |
| S.O.D.         | Class Flag (Shamrock) |

**9 RACING AREAS**

- 9.1** Approximate areas of racing will be as indicated on the Course Board

**10 COURSES**

- 10.1** The course for each race will be indicated on the Notice Board and/or WhatsApp at least 30 minutes before the start or, if from a Committee Boat, at least 10 minutes before the start and may be repeated on VHF (Keelboats Channel 77).
- 10.2** Afloat, before a race starts, a Committee Boat displaying Code Flag L requests competitors to Come within hail and/or follow it.
- 10.3** If, having set the course, the course is changed the RO may display Code Flag C (accompanied by a sound signal) and the new course will be displayed/communicated on/from the flagship, at least 10 minutes before the start.
- 10.4** Shannon navigation marks (excluding the green middle ground stake situated south of Little Yellow Island) shall be regarded as marks on the course and the navigation must be observed except where otherwise indicated on the Course Board.

- 11 MARKS**
- 11.1** Orange, yellow, red pyramidal, black or white *marks* will be used unless otherwise indicated on the Course Board(s) or, where relevant, on the Keelboat Course Cards.
- 12 THE START**
- 12.1** Races will be started by using *RRS* 26 (warning signal made 5 minutes before the start). At the absolute discretion of the RO and to alert boats that a race will begin shortly, an Orange Flag may be displayed from the Committee Boat.
- 12.2** The starting line will be between a mast, which may display an Orange Flag, on a Committee Boat and an outer distance mark, which depending on classes may be a rib, which may have a red & white pole and/or may fly an orange flag, or may be a spherical buoy, unless otherwise indicated on the course.
- 12.3** Yachts, whose warning signal has not been made, shall avoid the starting area during the starting sequence for other classes.
- 12.4** In the Keelboat Class, the RO may broadcast, on VHF Channel 77 or another pre-notified Channel, to all or individual yachts. Such communications may include time countdown. OCS advice etc. Failure to make a broadcast or to time it accurately will not be grounds for a request for redress. This changes (*RRS*) 62.1(a).
- 12.5** A yacht starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes *Appendix* A4.2.
- 13 CHANGE OF THE NEXT LEG OF THE COURSE & SHORTENING COURSE**
- 13.1** To change the next leg of the course, the RO will lay a mark (or the finishing line) in a new position. A Mark Boat at the previous mark may indicate such a change by flying Code Flag C and making a sound signal. This changes *RRS* 33. A yacht shall not request redress under *RRS* 60.1(b) because of an action or lack of action by the race committee under this instruction. **The newly laid *mark* may be a different Shape and/or Colour.**

- 13.2 When a Race Committee vessel displays Code Flag 'F' at a *mark* or gate and makes repeated sound signals, boats shall pass between the vessel displaying Flag F and the nearby *mark*, leaving the *mark* on the required side, or passing through the gate, and then sail to the Committee Boat finish line, crossing the finish line from the course side.

## 14 THE FINISH

- 14.1 The finishing line will be between a mast of the Committee Boat and an outer distance mark or, on the Club Transit, which may have an inner distance mark, or as otherwise displayed on the Course Board.
- 14.2 After the first yacht has finished, the RO may offer a finishing position to the yacht still racing in last place. The finishing position offered to a yacht will be the number of yachts ahead of it (both finished and still racing) plus 1. A yacht is not obliged to accept such an offer unless it is the last yacht still racing. The RO is not obliged to make such an offer. A yacht which accepts the place offered will immediately cease to race, and the RO may repeat this process with the next yacht. The offer may be made via safety or support boat personnel. This changes the definition of the word "Finish" This changes *RRS 35* and *Appendix A4*.
- 14.3 If the finishing Committee Boat is absent when a yacht finishes, she should report her finishing time, and her position in relation to nearby yachts or in the Keelboat Class, her time, to the RO at the first reasonable opportunity.

## 15 TIME LIMITS

- 15.1 Except if otherwise indicated on the course board time limits are as follows:  
**All Classes except Keelboats: 1 hour 30 minutes.**  
Provided that a yacht finishes within the time limit, all other yachts of her class will be allowed an additional 20 minutes to complete the course from the time the first yacht finishes
- 15.2 **Keelboat Class: 3 hour 30 minutes**  
Provided that a yacht finishes within its time limit, all other yachts of the class will be allowed an additional 50% of the first yacht's elapsed time to complete the course from the time the first yacht finishes. (There is no fixed time limit for Keelboat Long Distance Races (scheduled as Races 11 & 12) but the proviso above will apply from the time the first yacht finishes. This time may be announced on the VHF working channel 77.)

## 16

### HEARING REQUESTS AND REDRESS

- 16.1 A yacht intending to protest or seek redress shall notify the Race Officer immediately after finishing or, if she does not finish, shall notify the Protest Convenor or at the Regatta Office another member of the Regatta Committee, immediately on coming ashore. This changes *RRS* 61.
- 16.2 Measurement protests will only be accepted from either the race committee or official measurer. This changes *RRS* 60.1(a).
- 16.3 Protest forms are available at the race office, located at The Clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.4 Protests shall be delivered to the Protest Convenor, his assistant/s or to another member of the Regatta Committee
- 16.5 For each class, the protest time limit is 60 minutes after the last yacht has finished each race or in the case of back-to-back races, 60 minutes after the last yacht finishes the later race.
- 16.6 Notices of protest hearings will be posted as soon as practicable after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 16.7 Notices of protests by the race committee or protest committee will be posted to inform yachts under *RRS* 61.1(b).
- 16.8 Arbitration – appendix T will apply. If a party is not present at an arbitration meeting, any party that was present may take a Post-Race Penalty at any time until the Protest Committee has completed taking evidence. This changes *RRS* T1 (a).
- 16.8 On the last scheduled day of racing a request for reopening a hearing shall be delivered:
  - (a) no later than 10.00 if the requesting party was informed of the decision on the previous day;
  - (b) no later than 30 minutes after the requesting party was informed of the decision on that day.This changes *RRS* 66.
- 16.10 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes *RRS* 62.2.

## 17

### SCORING

- 17.1 A minimum of 4 Races will constitute a series except that, in a weekend series, the minimum will be 2 Races.
- 17.2 Other scoring / handicap details not given in the “Notice of Race” are shown in Addendum A.

## 18

### [DP] RETIRING YACHTS

- 18.1 A yacht that retires from a race shall notify the race committee as soon as possible.

- 19 REPLACEMENT OF EQUIPMENT**  
**19.1** Substitution of damaged or lost hulls or equipment will not be allowed unless authorised by the Regatta Committee. Requests for substitution shall be made in writing to the committee at the first reasonable opportunity.
- 20 [DP] ADVERTISING**  
**20.1** Advertising will only be allowed if prior permission is sought and obtained in writing from the Regatta Committee.
- 21 [DP] COMMUNICATION**  
**21.1** Except in an emergency, a yacht shall neither make transmissions while racing nor receive communications which are not available to all yachts in her class.
- 22 PRIZES**  
**22.1** Prizes will be given as described in the “Notice of Race”.
- 23 DISCLAIMER OF LIABILITY**  
**23.1** Competitors participate in the regatta entirely at their own risk. See *RRS 3, Decision to Race*. The organising authority will not accept any liability for material damage or personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

By taking part in the regatta, each competitor agrees and acknowledges that:

- (a) they are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their yacht to such inherent risk whilst taking part in the regatta.
- (b) they are responsible for the safety of themselves, their yacht and their other property whether afloat or ashore and for their crew while racing.
- (c) they accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
- (d) their yacht is in good order, equipped to sail in the regatta and they are personally fit to participate.
- (e) the provision of a race management team, safety boats and other officials and volunteers does not relieve competitors of their own responsibilities.
- (f) the provision of safety yacht cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- (g) **the wearing of personal flotation devices is compulsory while racing. This changes *RRS 40*. It is strongly recommended that such devices be used at all times while afloat.**
- (h)

## 24 INSURANCE

- 24.1 Each participating yacht shall be insured with valid third-party liability insurance with a minimum cover of €3m per incident or the equivalent (€1.5m Junior Fleet)

## ADDENDUM A

### Other scoring / handicap details not given in the “Notice of Race”

- 1 All **Keelboat** handicaps will be set by the L.R.Y.C. Keelboat Handicap Committee before the start of the Regatta and may be adjusted thereafter.

- 2 **S.O.D.s** which finish 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> in any race will not be scored for any subsequent handicap trophy. (No S.O.D. may win more than one handicap trophy.) Yachts sailing fewer than 6 previous races will be eligible for handicap races only at the discretion of the Regatta Committee.

A **Silver S.O.D. Fleet** will be selected before racing on Tuesday. Yachts finishing 1st to 12<sup>th</sup> overall in the L.R.Y.C. (1937) series will be excluded. Also, any yacht finishing 1st, 2nd or 3rd in any race in the L.R.Y.C. (1937) series will be excluded. Other yachts may be excluded at the absolute discretion of the Regatta Committee.

- 3 **Optimist:** Nomination for **Silver Fleet** (limited to grades no higher than I.S. Basic Skills) in either series will be at the absolute discretion of the Regatta Committee.

### OTHER REQUIREMENTS – TROPHIES

All trophies must be returned to the Honorary Trophies Secretary by 1st June, 2023.

The safekeeping of the trophies is the responsibility of the signatory in the trophy book until returned, by prior arrangement to:

The Honorary Trophies Secretary (Emer Nooney 085 1648553)