



Dear Members,

As we look forward to our '23 season, now almost upon us, you will see from our newsletter that winter has been a busy time for our juniors with winter training and various competition participation.

All classes are preparing for what we hope, will be another great season of sailing and sociability. To kick off you will see that a **Launching Supper** has been arranged for **May 6th** and we hope that you can attend. We hope to continue the mid week BYO BBQ once boats are firmly on the water and racing midweek. Lots more in the pipeline too!

We hope to start construction of the new boat shed in the coming weeks with as little disruption as can be managed.

As pointed out in our House & Crounds note the next **work in** at the club is on **Saturday May 27th**. It is hoped that a good number of members can help on that day. We enjoy a sociable lunch with drinks in the bar circa 12.30.

Your support will be greatly appreciated. I look forward to meeting you and welcoming our new members over the coming months. Your in sailing.

Georgina Kenny Commodore

Adult Sailing Courses

Orla Martin has kindly agreed to oversee the Adult Sailing Courses again for 2023.

Courses are planned for:

- May: Mon 29 Wed 31 (Keelboats) 6:15pm to 9pm €160 (€110 for LRYC members)
- June: Sat 17 & Sun 18 (Dinghys) 10am - 4.30pm (with a lunch break) €160 (€110 for LRYC members)
- July: Mon 10 Fri 14 (Dinghys) 6.15pm - 9pm €160 (€110 for LRYC members)

For further information contact: Orla Martin 086 647 8022 (Dinghys) Tara Mooney 087 265 4949 (Keelboats)

Junior Sailing Course

Applications for the Junior Sailing Course <u>bookings</u> will be open to LRYC Members from Wednesday, 26th April 2023 at 9am.

Optimists



Training on New Years Day 2023

The optimist Vikings have been very active throughout the autumn and winter taking part in Sunday sailing whatever the weather. We kicked off out new Valhalla Winter race series on Nov 20th and ran 20+ races between then and mid-February. We peaked with 12 optimists on the water on Jan 22nd which was fantastic to see.

Valhalla winners: 1st - 1606 Andrew Mannion, 2nd - 1434 Orla Turner and 3rd - 1446 Donnacha Duane

As always, the sailing is only half the story, fun on and off the water has also been a priority. We had 7 Vikings welcome 2023 with a New Year's Day sail, the earliest BBQ in the history of the club on Feb 3rd (meals on wheels) and St Patricks Day / Grand Slam celebrations.



Feeding the hungry sailors, BBQ after sailing on 3rd February 2023

The first Viking raid of the year was to Howth on Good Friday for their Brassed Off event. 5 Vikings took part. A special mention for Michael Malone who won silver in the regatta fleet on his first opi sail on the sea.

Four Vikings represented the club in the Irish Youth Nationals in Howth last week. Some great sailing over the four days in very tricky conditions. Mae Byrne was best place ranking 28thoverall. No team places this year, but fabulous experience for all and the future is certainly bright. A special thanks goes to Rachel Guy who was drafted in at short notice to coach them through the event.

The session kicks off in earnest now – Sunday coaching continues. We look forward to welcoming the U12 Squad including our very own Hugo Breen and Donnacha Duane and the Development Squad including Ella Mannion, Kate Byrne and Judith Boyd to LRYC as their training ground for the weekend of May 13th / 14th.





Paddy's Day / Grand Slam Celebrations

Keelboat Class

This year the calendar of events is fully packed & expect a large turn out from talking to various Captains.

Congratulations to the Top 3 Yachts for the Overall 2022 Championship. Namely Jacquerie, Maire Louise & Philos.

The Racing marks have been laid & Yacht lifting will commence next Sunday at 11.54am in preparation for the Quaker Island Trophy - April 29th - 30th - May 1st 12.30pm Start. This Year we are running an Adult Sailing Course - May 29th - May 31st & would appreciate it if you could provide your Yacht & Helm - to help build the Class.

I'll see you soon on the Water, Tara Mooney, Class Captain (0872654949)

The club 420 has been pimped with new

of experienced 420 sailors have lent their boats and expertise to help reignite the

lines and spinnaker rigging. A number

class here in LRYC. One of Irish Class

Association 420s will be available to

training over the next month or two.

Safe sailing to Orlagh who has jumped

A number of our sailors attended the

midterm and competed at IS Youth

vibrant fleet in May and June.

Nationals in April. There will be other opportunities to do class coaching in this

We are hoping to attend a 420 newbee coached regatta in Galway Bay Sailing

Club on 29th and 30th April and entries

Kinsale 420 training week during February

help 2 young sailors progress their

into the class full on.

SOD 67

has had its yearly spring clean in preparation for the 2023 season.

Many thanks to Sam Hatfield who has once again taken on the task of preparing her.

If you are interested in renting SOD 67 for the season, or for individual events do get in touch as we are sure it will be snapped up for the larger events early.

Contact the Club Hon. Secretary Leah Cullen secretary@lryc.ie or Sam Hatfield hatfieldsamuel@gmail.com to book.

House and Grounds Update

Work-In

Thanks to everybody who attended the last work-in. Our next work-in is scheduled for Sat 27th May at 10am Details of the planned work will be communicated closer to the date.

Security

The front gate is now operating as per normal. Can I please ask you all to continue to be vigilant and report (to me) any suspicious activity?

Dog Owners

Can I please remind dog owners of the policy with regard to dogs (see below).

We are having a growing number of incidents where these rules are not followed - hence causing distress and annoyance to members. Going forward if an owner is found in regular breach of the outlined policy, then that owner will be asked to remove their dog from the club for the remainder of the season.



Dogs must be kept on leads at all times.

No dogs are allowed on the club veranda or inside the clubhouse at any time throughout the year.

Additional rules apply during Whit Weekend, the Annual Regatta and Junior Sailing Courses.

Where dogs foul the grounds or premises, owners are required to clean it up.

Launching Supper

We are having a 'Launching Supper" on Saturday 6th May 2023 for members and friends.

For information and tickets are available to book via our website https://www.lryc.ie/event/launching-supper/

LRYC 420 Class

420s to the max in LPYC

International 420 Spring Training kicked off in early January. The 420s train every Sunday, jibs up for 10am and any sailor who would like to learn how to race this speedy machine is welcome to come along. All you need is a desire to get wet and have fun! No boat or partner needed. Indeed we hope to welcome back some of our seasoned 420 sailors this term also with a view to tuning their skills for the busy racing calendar ahead. Full details are shared in the WhatsApp group.

Thanks to Ben, Alexander, Conor, Eoghan and Paddy for stepping up to lead the coaching sessions and John and Paul for providing cover (and crew!) Over the past months, the coaches have helped the sailors to continue to improve their skills with sessions on rigging, boat handling and tactics.





420 coaches and sailors during sunday training sessions at LRYC, Spring 2023

Shannon One Designs

Following a fantastic year for the sods in 2022, with the club hosting the celebratory Clinkerfest and Centenary regattas, a record number of sails bought and crew sought, we're expecting strong numbers this year for the return of a full calendar.



Start line during the LRYC Centenary

Shannon One Deisgns racing during Clinkerfest, courtesy of John Malone

Regatta, courtesy of Reggie Goodbody While spring has presented a few hiccups - including an unfinished slipway cutting us off from Lough Corrib for the may bank holiday, we will be starting the season in full strength for the Inner Lakes Regatta on May 20/21 and two weeks later we'll see the return of the Professor as PRO for the always well attended Whit Weekend. The Harklow Half-Model (currently behind the bar) will also be dusted-off for the 60th Anniversary celebratory regatta at the end of July. We hope to see the 170 return to defend their ten year hold on the title! We also welcome back the 78 to Lough Ree after a quarter century. We wish the Duane family "well wear" and a warm welcome to the fleet. lan Croxon, Class Captain

SB20 Class

It was an exciting start to the SB20 sailing season with the Northern Championships at LRYC. A 12 race short circuit sprint format was planned over 2 days. This was the first of its kind at championship level and proved to be a resounding success with all teams impressed by the format and ability to achieve highly competitive, intensive racing and with no discards permitted - every race counted!

There was excellent representation locally by the 8 boat strong fleet and at national level with teams from



And their off, SB20s racing during the Northerns at LRYC

RIYC, RCYC, NYC, Carlingford SC, HYC, DYC (USA). Special mention to Paige Hoffman from Duxberry Yacht Club (USA) who flew in to sail with provident team helmed by John Malone and his son Aodhan (youngest member of the fleet!). A special acknowledgement to the new members to the SB20 fleet, Cilded lady helmed by David and Trevor Bolger (crew by Russell Bolger and Louis) and Elandra helmed by Joe Conway (RIYC) and crew (Alex Conway and David FitzPatrick) really highlighting the interest level in joining this class.

Saturday morning pre-racing start saw a speed clinic hosted by Davy Taylor from Team TED who spent the morning coaching and highlighting areas where performance can be improved. 6 races were completed on Saturday under varying wind conditions (10 knots and building steadily to 22 knots S/SE) and 3 on Sunday. Racing was overseen by Alan Algeo race Officer, assisted by David Dickson and Eileen Browne, Racing was incredibly well coordinated and saw each race start in rapid succession without hiccup.

Overall results for the Northern Championship Sprint Series Event at LRYC saw GoldDigger outright winner on 15 points taking home the Northern Trophy, 2nd Carpe Diem on 31 points and 3rd Lofly on 35 points for Gold Fleet. Silver fleet pole position went to Ben Graf and his crew on GF Bango, 2nd went to SoBrr and 3rd to Gilded lady.