



LOUGH REE YACHT CLUB
FOUNDED 1770

Annual Regatta

5th August – 11th August 2023

The Organising Authority (OA) for this event is Lough Ree Yacht Club (LRYC)
The Regatta will take place on Lough Ree and the River Shannon, based at the Club.

SAILING INSTRUCTIONS (SIs)

<u>Classes</u>	<u>Race Officers (ROs)</u>	<u>Committee Vessels</u>	
Shannon One Designs	Owen Delany PRO	Club Flagship	<i>Tom Dennehy</i>
Keelboats & SB20s	Ken Hudson	Zodiac	<i>Pro Open</i>
Junior Classes	Jenny Paul	Club Jnr. Flagship	<i>Tap Dancer</i>

Scorekeeper & Protest Convenor Neil Flannery

Hearing Arbitrator Vincent Delany or David Dickson

REGISTRATION will take place in the clubhouse.

Friday 19.00 to 20.00

Saturday 10.00 to 12.00 & 14.00 to 14.30

BRIEFING

Saturday 9.30

for SOD's, Keelboats & SB20s WILL TAKE PLACE IN FRONT OF THE CLUBHOUSE

followed by JUNIOR BRIEFING ON THE LAWN STEPS IN FRONT OF THE CLUBHOUSE

'[DP]' in a rule means that the penalty for a breach of the rule may, at the discretion of the Protest Committee, be less than disqualification. This changes *RRS 60.1(a)*.

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 All relevant Class Rules will apply.
- 1.3 In the event of a conflict between the NoR and the SIs, the SIs will prevail.
- 1.4 Sails & Spars
 - 1.4.1 Boats shall use their correct sail numbers. Permission to sail using any other number must be obtained in writing from the Regatta Committee before going afloat.
 - 1.4.2 Boats shall not carry more sail than that which may be prescribed with the course for each race.
 - 1.4.3 SODs shall only race with sails and spars declared at Registration unless permission has been obtained, in writing, from the Regatta Committee before going afloat.

2 CHANGES TO SAILING INSTRUCTIONS (SIs)

- 2.1 Any change/s to the SIs will be posted prior to such time as the course of the first race affected by such change/s is . (See SI 9.1)
- 2.2 Onshore, the displaying of Code Flag L, on the day such a change/s is/are notified, will signal changes to the SIs.
- 2.2 Changes to an SI/SIs & Schedule or Course may be made on the water. Before a race starts, a Committee Vessel flying Code Flag L requests competitors to come within hail.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located in the front window of the clubhouse (Junior Fleet Old Boathouse) and may also be posted using the event WhatsApp Group "LRYC Reegatta 2023" which can be joined by scanning the QR code:



or by using the link:

<https://chat.whatsapp.com/GchE7kfhMW593NXiRQoOP4>

- 3.3 In the Keelboat & SB20 classes, the Race Committee intends to monitor and communicate with all or individual competitors on VHF Channel 71 or any other pre-notified Channel.
- 3.4 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This also applies to mobile 'phones.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from Race Officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagstaff in front of the clubhouse.
- 5.2 Except in a starting sequence, when Code Flag AP is displayed ashore, '1 minute' is replaced with not less than 30 minutes in Race Signals AP.

6 SCHEDULE OF RACES

- 6.1 All times in the schedule contained in the NoR, SIs and elsewhere during this event are starting times.
- 6.2 With the exception of the first scheduled race, which will not be brought forward, the Race Committee reserves the right to alter the schedule of races, as they see fit, to ensure enough races are completed.
- 6.5 On the last scheduled day of racing no warning signal will be made after 14.55.

7 CLASS FLAGS

- 7.1 The Class Flags are :

Keelboats	Code Flag E
SB20	SB20 Class Flag
Optimist	Code Flag O
PY Classes	Code Flag K
S.O.D.	Class Flag (Shamrock)
Lasers (Evening Racing ONLY)	Class FLAG

8 RACING AREA

- 8.1 Racing areas which may be used for the various classes are identified on the map in Appendix 1. Other areas may also be used.

9 COURSES

- 9.1 The course for each race will be indicated on the Notice Board and/or WhatsApp at least 30 minutes before the start or, if from a Committee Vessel, at least 10 minutes before the start and for Keelboats may be repeated on VHF Channel 71.
- 9.2 Afloat, before a race starts, a Committee Vessel displaying Code Flag L requests competitors to come within hail and/or follow it.
- 9.3 If, having set the course, the course is changed the RO may display Code Flag L (accompanied by a sound signal) and the new course will be displayed/communicated on/from the flagship, at least 10 minutes before the start.
- 9.4 If the course is of the Windward/Leeward type all marks shall be left to port, unless a gate has been laid at Mark position 3, where boats must pass between the marks. If there is only one mark the mark shall be left to port.

10 MARKS

- 10.1 Marks will be indicated with the Courses and, in the case of Keelboats, except where otherwise shown on a Course, on the Keelboat Course Cards.

11 OBSTRUCTIONS

- 11.1 Waterways Ireland Navigation (excluding the green middle ground stake, situated south of Little Yellow Island) shall be regarded as marks on the course and the navigation must be observed except where otherwise indicated on the Course.

12 THE START

- 12.1 The minimum number of boats appearing in the starting area for a race to be started is 3 (Three) except that in the Keelboat Class after Monday it is 2 (Two)
- 12.2 To alert boats that a race or sequence of races will begin soon, whether or not the Committee Vessel is on station, the orange starting line flag may be displayed, with one sound signal, at least 5 (five) minutes before a warning signal is made.
- 12.3 Races will be started using *RRS* 26 with the warning signal made 5 (five) minutes before the starting signal.
- 12.4 The Starting Line is between a mast or staff, which may display an orange flag on the Committee Vessel at the starboard end, and the port-end starting mark which depending on classes may be a staff flying an orange flag in a rib, or may be a spherical buoy as indicated on the course.
- 12.5 Boats, whose warning signal has not been made, shall avoid the starting area during the starting sequence for other classes.
- 12.6 A boat that does not start within 4 (four) minutes after her starting signal will be scored DNS without a hearing. This changes *RRS* A5.1 and A5.2.
- 12.7 In the Keelboat & SB20 classes VHF communications may include time countdown, OCS advice etc.. Failure to make a broadcast/s or to time accurately will not be grounds for a request for redress. This change *RRS* 62.1 (a)

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the Race Committee may move the original mark or the finishing line to a new position OR may move the finishing line OR may lay a new mark and remove the original mark as soon as is practicable. The newly laid mark may be a different Shape and/or Colour. When in a subsequent change a new mark is replaced, it will be replaced by the original mark. A Mark Boat at the previous mark may indicate such a change by flying Code Flag C and making repeated sound signals. This changes *RRS* 33. A boat shall not request redress under *RRS* 60.1 (b) because of an action or lack of action by the Race Committee under this instruction.
- 13.2 When a Race Committee vessel displays Code Flag F at a mark or gate and makes repeated sound signals, boats shall pass between the vessel displaying Flag F and the nearby mark, leaving the mark on the required side, or passing through the gate, and then sail to the Committee Vessel finish line, crossing the finish line from the course side.

14 THE FINISH

- 14.1 The finishing line will be one of the following:
 - A/ Between a mast or staff displaying a blue flag, on a Committee Vessel at the starboard end and the course side of the port end finishing mark.
 - B/ On the Club Transit which may have an inner or outer distance mark as described on the course.
 - C/ As otherwise described on the course.
- 14.2 If the Race Committee is absent when a boat finishes, she should report her finishing time, and her position in relation to nearby boats, to the Race Committee at the first reasonable opportunity.

15 PENALTY SYSTEM

15.1 EXCEPT FOR THE KEELBOAT CLASS the first two sentences of *RRS 44.1* are changed to:

"A boat may take a One-Turn Penalty when she may have broken one or more rules of *RRS* Part 2 or *RRS 31* in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty."

Except if the course is shortened to finish at the windward mark, penalties while in the zone of the windward mark or on an offset/wing mark leg may be delayed and taken as soon as possible on the downwind leg. This changes *RRS 44.2*.

15.2 For the KEELBOAT CLASS *RRS 44.1* is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

16 TIME LIMITS

16.1 Except if otherwise indicated on the course board, Time Limits are as follows:

All Classes except Keelboats: 1 hour 30 minutes.

Provided that a boat finishes within the time limit, all other boats of her class will be allowed an additional 20 minutes to complete the course from the time the first boat finishes.

16.2 **Keelboat Class: 3 hour 30 minutes**

Provided that a boat finishes within its time limit, all other boats of the class will be allowed an additional 50% of the first boat's elapsed time to complete the course from the time the first boat finishes. (There is no fixed time limit for Keelboat Long Distance Races (scheduled as Races 11 & 12) but the proviso above will apply from the time the first boat finishes. This time may be announced on VHF.

17 HEARING REQUESTS

17.1 A boat intending to protest or seek redress shall notify the Race Officer immediately after finishing or, if she does not finish, shall notify the Protest Convenor or another member of the Regatta Committee, immediately on coming ashore. This changes *RRS 61*.

17.2 Measurement protests will only be accepted from either the Race Committee or Official Measurer. This changes *RRS 60.1(a)*.

17.3 Hearing request forms are available from the Race Office in the clubhouse.

17.4 Duly completed hearing request forms shall be delivered to the Protest Convenor, his assistant/s or to another member of the Regatta Committee

17.5 For each class, the protest time limit is 60 minutes after the last boat has finished each race or in the case of back-to-back races, 60 minutes after the last boat finishes the later race.

17.6 Notices will be posted as soon as is practicable after the Protest Time Limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Protest Room, located at the Committee Room in the clubhouse.

17.7 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under *RRS 61.1(b)*.

17.8 Arbitration – Appendix T may apply. If a party is not present at an arbitration meeting, any party that was present may take a Post-Race Penalty at any time until the Protest Committee has completed taking evidence. This changes *RRS T1 (a)*.

17.9 On the last scheduled day of racing a request for reopening a hearing shall be delivered:

(a) no later than 10.00 if the requesting party was informed of the decision on the previous day;

(b) no later than 30 minutes after the requesting party was informed of the decision on that day.

This changes *RRS 66*.

17.10 On the last scheduled day of racing a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes *RRS 62.2*.

18 SCORING

- 18.1 4 (Four) races are required to be completed to constitute a series except that, in a weekend series, the minimum will be 2 Races.
- 18.2 (a) When fewer than 4 races have been completed, a boat's series score is the total of her race scores.
(b) Discards are as described in the NoR.
- 18.3 **Other Scoring / Handicap details not given in the NoR**

18.3.1 All **Keelboat** handicaps will be set by the LRYC Keelboat Handicap Committee before the start of the Regatta and may be adjusted thereafter.

18.3.2 **S.O.D.s** which finish 1st, 2nd or 3rd in any race will not be scored for any subsequent handicap trophy. (No S.O.D. may win more than one handicap trophy.) Boats sailing fewer than 6 previous races will be eligible for handicap races only at the discretion of the Regatta Committee.

18.3.3 A **Silver S.O.D. Fleet** will be selected before racing on Tuesday. Boats finishing 1st to 12th overall in the LRYC (1937) series will be excluded. Also, any boat finishing 1st, 2nd or 3rd in any race in the LRYC (1937) series may be excluded at absolute discretion of the Regatta Committee.

18.3.4 **Optimist:** Nomination for **Silver Fleet** (limited to grades no higher than I.S. Basic Skills) in either series will be at the absolute discretion of the Regatta Committee.

19 SAFETY REGULATIONS

- 19.1 **RRS 40 Personal flotation devices ("PFDs") always applies while racing. Flag Y will not be displayed. This changes RRS 40. Irish Law requires the wearing of PFDs at all times on any pleasure craft shorter than 7m in length.**

- 19.1 [DP] A boat that retires from a race shall notify the Race Committee at the first reasonable opportunity.

20 REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 [DP] Substitution of damaged or lost equipment is not allowed unless authorized in writing by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

21 EQUIPMENT AND MEASUREMENT CHECKS

- 21.1 A boat or equipment may be inspected at any time for compliance with the Class Rules, Notice of Race and SIs.
- 21.2 [DP] When instructed by a Race Official on the water, a boat shall proceed to a designated area for inspection.

22 Not used.

23 Not used.

24 Not used.

25 TRASH DISPOSAL

- 25.1 Trash may be placed aboard official vessels.

26 BERTHING

- 26.1 [DP] Boats shall be kept in their assigned places while in the foreshores and harbours.

27 HAUL-OUT RESTRICTIONS

27.1 [DP] Boats shall not be hauled out during the event except with and according to the terms of prior permission of the Race Committee.

28 Not used.

29 PRIZES

29.1 Prizes will be given as in the NoR.

30 RISK STATEMENT

30.1 **RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.'** By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

31 INSURANCE

31.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of € 3.0M (Junior Classes € 1.5M) per incident or the equivalent.

END OF SIs

OTHER REQUIREMENTS – TROPHIES

All trophies must be returned to the Honorary Trophies Secretary by 1st June, 2024.

The safekeeping of the trophies is the responsibility of the signatory in the trophy book until returned, by prior arrangement to The Honorary Trophies Secretary.