



**INTERNATIONAL J/24 CLASS
EASTERN CHAMPIONSHIPS 2026
LOUGH REE YACHT CLUB**

20th & 21st June 2026

The Organising Authority (OA) is
LOUGH REE YACHT CLUB (LRYC)
IN CONJUNCTION WITH THE INTERNATIONAL J/24 CLASS ASSOCIATION OF IRELAND.

BALLYGLASS, COOSAN, ATHLONE, CO WESTMEATH N37 K257

REGISTRATION will take place in the clubhouse
Friday 19th 18:00 to 20:00 | Saturday 20th 08:30 to 09:30
COMPETITORS BRIEFING will take place outside the clubhouse
on Saturday 20th at 10:00

The notation '[DP]' at the beginning of a rule means that this penalty for a breach of the rule, may, at the discretion of the protest committee, be less than disqualification.

*The notation '[NP]' at the beginning of a rule means that that rule shall not be grounds for protests by a boat.
This changes RRS 60.1.*

SAILING INSTRUCTIONS (SIs)



1 RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing (*RRS*).
- 1.2 *RRS* Appendix T may apply to this event.
If a party is not present at an arbitration meeting, any party that was present may take a Post-Race Penalty at any time until the Protest committee has completed taking evidence. This changes *RRS* T1 (a).

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 09:00 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect. However, the race committee may run additional race(s) each day to pick up lost races or anticipated lost races.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 The Race Office is located at the LRYC committee room.
- 3.2 Notices will be posted on the Notice Window situated at the front of the clubhouse.
- 3.3 [DP] Copies of notices may also be published on the event WhatsApp Group which can be joined by using the link [HERE](#) or by scanning the Event QR code.
Failure to post such information on WhatsApp shall not be grounds for redress. This changes *RRS* 61.4(b).
- 3.4 The Race Committee may draw attention to Race Signals given on the Committee Vessel and communicate other information on VHF at any time. The Race Committee will transmit on Channel 72 or other such channel as may be displayed on the Committee Vessel. Failure to transmit or to receive such communication will not be grounds for redress by a boat. This changes *RRS* 61.4(b)(1).
- 3.5 [DP] From the first warning signal until the end of the last race of the day, a boat shall not make voice or data transmissions and shall not receive voice or data communications that are not available to all boats. This includes use of mobile phones.



4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the flag pole in front of the LRYC Clubhouse.
- 5.2 When flag 'AP' is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes'.
This changes *RRS* Race Signals.



6 SCHEDULE

6.1 Date	First Warning Signal	Number of Races
Sat 20 th June	11:30	Up to 4
Sun 21 st June	11:00	Sufficient to complete the schedule of six (6)

6.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least one minute before a warning signal is made.

6.3 The warning signal for each succeeding race will be made as soon as practicable.

6.4 On Sunday 21st June, the first warning signal of a race will not be made after 14:30.

7 CLASS FLAGS

7.1 The class flag will be code flag J.



8 RACING AREA

8.1 The racing area will be on the waters of Lough Ree as shown approximately in **Addendum A.**

9 THE COURSE

9.1 The diagram in SI ADDENDUM B shows the course and the order in which marks are to be passed. All marks shall be left to port.

9.2 No later than the warning signal, the Race Committee will signal the number of rounds to be sailed.

10 MARKS

10.1 For Start See SI 12.1

10.2 Rounding Marks 1, 1a and 2 are Orange Tetrahedral inflatable marks.

10.3 For Finish See SI 14.1.

11 OBSTRUCTIONS

11.1 Boats should observe the Waterways Ireland navigation system and are advised to stay well clear of all shores.



12 THE START

- 12.1 The starting line will be between a mast displaying an Orange flag, on the race committee vessel and, at the other end, a staff displaying an Orange Flag, in a RIB.
- 12.2 When the Race Committee determines that a boat has not complied with Rules 29.1 (OCS) or 30.3 (UFD) the Race Committee may broadcast the boat's sail number on the designated VHF channel, no earlier than one minute after the starting signal. Failure to broadcast, or errors in the broadcast, under SI 12.2, will not be grounds for a request for redress by a boat. This changes RRS 61.4(b)(1).
- 12.3 [NP] A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes A5.1 and A5.2.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will move the original mark or finishing line to a new position.
- 13.2 If the next leg of the course is changed, the only signal given will be by displaying Code Flag C, accompanied by repetitive sounds.
Port, Starboard and/or length of the leg signals will not be displayed.
This changes RRS 33.
Minor adjustments of mark positions will not be signalled by the Race Committee.
- 13.3 In addition to RRS 32, when a race committee vessel displays Code Flag F at a mark or gate and makes repeated sound signals, boats shall pass between the vessel displaying Flag F and the nearby mark, leaving the mark on the required side, and then sail to the finish line to finish.
This changes the course and RRS 32.2 and 33.

14 THE FINISH

- 14.1 The finish line will be between a mast or staff displaying a Blue flag, on the finishing vessel, and the Finish Mark which will be a Black spherical buoy.
- 14.2 When the Blue Flag is displayed, no boat shall pass through the finishing line, in either direction, except to finish. Any boat in breach of this SI shall be scored as DNF without a hearing. This changes RRS 61.1(a), A4.1 and A5.
- 14.3 When the race committee signals to a boat that is still racing by displaying flag W with one sound signal:
The boat is no longer required to sail the course (this changes RRS 28.1).
The boat shall no longer continue racing, and shall return to the starting area, or return ashore if there is no more racing; and the race committee shall, without a hearing, score the boat points determined by her place in the race as recorded at the time of signalling by the race committee vessel.
This changes RRS 61.1(a) and RRS A5.



15 PENALTY SYSTEM

15.1 The first two sentences of RRS 44.1 are changed to: "A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident whilst *racing*. **However**, except at a starting mark, when she may have broken one or more rules of Part 2 while in the zone around a mark which begins, bounds, or ends a leg of the course, her penalty shall be a Two-Turns Penalty".

16 TIME LIMITS AND TARGET TIMES

16.1 [NP] The Target time for the first boat to finish each race will be approximately 45 minutes.

16.2 If no boat has passed the first mark with 30 minutes, the race will be abandoned.

16.3 The time limit for the first boat to finish is 75 minutes.

16.4 [NP] Boats failing to finish within 15 minutes after the first boat finishes will be scored Did Not Finish without a hearing. This changes Rules 35, 61.1(a) and A5.1.

17 HEARING REQUESTS

17.1 Hearing Request forms are available at the race office. Protests and request for redress shall be delivered there within the protest time limit.

17.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day.

17.3 Notices will be posted on the official notice board within 20 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, the location of which will be posted on the official notice board.

17.4 Notices of protests by the Race Committee or Protest committee will be posted to inform boats under RRS 61.1(b)

18 SCORING

18.1 Two (2) races are required to be completed to constitute a series.

18.2 When fewer than four (4) races have been completed, a boat's series score will be the total of her race scores.

18.3 When four (4) or more races have been completed, a boat's series score will be the total of her race scores, excluding her worst score.

19 SAFETY REGULATIONS

19.1 **RRS 40 applies at all times when afloat.**

19.2 [DP]A boat that retires from a race shall notify the Race Committee as soon as possible.



20 REPLACEMENT OF CREW AND EQUIPMENT

20.1 [DP] Substitution of crew or damaged or lost equipment will not be allowed unless approved by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

20.2 [DP] Boats shall sail with their correct sail numbers. Permission to sail under any other number shall be sought in writing from the race committee before going afloat. Breaches of this sailing instruction may result in disqualification.

21 EQUIPMENT AND MEASUREMENT CHECKS

21.1 A boat, crew, equipment and safety equipment may be inspected by the race committee at any time for compliance with the class rules, NoR and SIs.

22 SUPPLIED BOATS - *Not Used.*

23 OFFICIAL VESSELS - *Not Used.*

24 [DP] SUPPORT TEAMS & SUPPORT VESSELS (SPVS)

24.1 [DP] From the time of the preparatory signal until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

Support Vessels shall not create a wash which effects boats racing and shall stay more than 100 metres outside of the course area where boats are *racing*.

25 TRASH DISPOSAL - *Not Used.*

26 BERTHING

26.1 [DP] Boats shall be kept in their assigned places while in the harbour or on moorings.

27 HAUL-OUT RESTRICTIONS

27.1 [DP] Boats shall not be removed from the water between the preparatory signal of the first race and the end of the Event, unless instructed to do so by the OA. In an emergency, and only following a written request, the race committee may waive this SI.

27.2 In the event of foul weather, the OA may direct that all boats moored be moved to another berth.

28 DIVING EQUIPMENT AND PLASTIC POOLS

28.1 [DP] Underwater breathing apparatus and plastic pools or their equivalent shall not be used between the preparatory signal of the first race and the end of the event.

29 PRIZES

29.1 Prize giving will take place as soon as possible following the conclusion of racing.



29.2 Prizes will be awarded to the winners of the event as designated by the OA. The Gold and Silver Fleet Perpetual Trophies remain the property of the International J24 Class Association of Ireland.

29.3 Keepsake Prizes may be awarded to the following:

Gold Fleet. 1st, 2nd & 3rd. places overall

Silver Fleet: 1st, 2nd & 3rd places overall

30 RISK STATEMENT

30.1 *RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.'* By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

30.2 It is the Competitor's decision to enter the Event or start or continue to race. Competitors shall accept that their participation in the Event is at their sole, exclusive risk, in every respect. By way of entry to the Event, competitors shall indemnify LRYC and Associated Class Associations, their officers, members, servants and agents in respect of all claims and demands of whatever nature which may be made upon them in connection with or howsoever arising from their participation or intended participation in the events.

Competitors shall acknowledge that LRYC and The International J/24 Class Association of Ireland, their officers, members, servants and agents accept no responsibility in respect of loss of life, personal injury or loss or damage to property which may be sustained by reason of their participation or intended participation in the events or howsoever arising in connection with these events.

31 INSURANCE

31.1 Each participating boat shall be insured with valid and adequate insurance against any risk, including civil responsibility to third parties for the entire event.

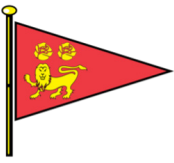
31.2 Certificate of insurance may be required at registration.

31.3 By completing the entry form all Owners / Competitors are deemed to have declared that they hold such cover.

31.4 Owners / competitors not holding such cover shall withdraw their entry.

32 HONORARY MEMBERSHIP

32.1 All competitors sailing in the J/24 Eastern Championships and their guests, shall be honorary members of LRYC during the event, and will be bound by the rules of the club. Competitors are reminded that personal effects, gear, trailers and other equipment are their own responsibility and neither the J/24 Class Association of Ireland, the Race Committee, nor LRYC can be held liable for any claim, loss or damage.



ADDENDUM A

The distance from LRYC to the starting area may be up to **three kilometers**

