



DOUBLE REE

IRELAND'S PREMIER YOUTH DOUBLE-HANDED REGATTA

Venue: Ballyglass, Athlone, Ireland N37 K257

Five Championships featuring

Mirrors

Western
Championship

RS Fevas

Double
Ree

420s

Double
Ree

29ers

Western
Championship

49ers

National
Championship

25th & 26th July 2026

SAILING INSTRUCTIONS (SIs)

PRO David Dickson

The Organising Authority (OA) for this event is Lough Ree Yacht Club (LRYC) in association with the Irish Associations of the Mirror, RS Feva, 29er, 49er and 420 Classes.

SCHEDULE

Date		Time
Friday 24th July	Registration	19:00 - 21:00
Saturday 25th July	Registration	09:00 - 10:25
	Briefing	10:30
	1st Warning Signal	11:55
Sunday 26th July	1st Warning Signal	10:25
	Prize-giving	ASAP after racing

The notation '[NP]' in a rule of the SIs means that a boat may not protest another boat for breaking that rule. This changes *RRS 60.1 (a)*.
The notation '[DP]' is used as described in the introduction to *The Racing Rules of Sailing*.

SAILING INSTRUCTIONS (SIs)

1. RULES

1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any changes to the SIs will be posted at least 90 minutes before they take effect.
- 2.2 Any change to the schedule of races, which will bring the time of the first warning signal for any class/es forward on the following day, will be posted by 21:00 hours on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the Official Notice Board is located in the Window situated at the front of the clubhouse and may also be on the event WhatsApp Group “Double Ree 2026” which can be joined [HERE](#).
- 3.2 The Race Office is located in the Committee Room in the clubhouse, or, if unmanned, please telephone John McGonigle (087 9791154)
- 3.3 [DP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive any voice or data communication that is not available to all boats. This includes the use of mobile phones.



4. CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from Race Officials.



5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the club flagpole located in front of the clubhouse.
- 5.2 When Flag AP is displayed ashore with two sound signals “Racing is postponed & launching is prohibited until it is lowered”, and, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in the Race Signal AP. This changes *RRS* Race Signal AP.

6. SCHEDULE OF RACES

6.1 Schedule Table

First Warning Signal	Date	29ers & 49ers Eight (8) Races	All Other Classes Six (6) Races
11:55	Saturday 25th July	Number of Races Up to 5	Number of Races Up to 4
09:55	Sunday 26th July	Sufficient to complete the series	Sufficient to complete the series

- 6.2 Races will be run back-to-back.
- 6.3 On Saturday 25th, no first warning signal will be made after 18.00.
- 6.4 On Sunday 26th, the last scheduled day of racing no first warning signal will be made after 14:30.

7. CLASS FLAG

7.1 CLASS FLAGS

Mirrors		(Mirror Class Flag)	420s		(420 Class Flag)
RS Fevas		(Code Flag E)	29ers & 49ers		(Code Flag J)

8. RACING AREA

- 8.1 **ADDENDUM A** shows the intended racing area which is approximately 3 Kilometers to the north of the club.
- 8.2 In adverse weather conditions, the Race Officer may, at his discretion, change the race area and course, sail selected classes or abandon racing for silver fleets.

9. COURSES

- 9.1 The diagrams in **ADDENDUM B** shows the course.



10. MARKS

- 10.1 For the Start see 12 below.
- 10.2 Marks 1A, 1B & 2 will be Orange Pyramidical Marks.
- 10.3 Other Rounding Marks will be Yellow Spherical Buoys.
- 10.4 For the Finish see 14 below.

11. OBSTRUCTIONS

- 11.1 Boats must observe the Waterways Ireland navigation system and are advised to stay well clear of all shores

12. THE START

- 12.1 To alert boats that a race or sequence of races will begin soon, the Committee Vessel will display the Orange starting line flag at least two minutes before a Warning Signal is made.
- 12.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other Classes.
- 12.3 Initially, the fleets will start in the following sequence:
 - Mirrors
 - Fevas
 - 420
 - 29ers and 49ers
- 12.4 On the water, the sequence may be changed at the discretion of the Race Committee.
- 12.5 The starting line will be between the **Mizzen Mast displaying an Orange flag** on the race committee vessel and, at the other end, **a staff displaying an Orange Flag, in a RIB.**
- 12.6 A Vessel starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS), without a hearing. This changes *RRS A5*.
- 12.7 Sail numbers of boats disqualified may be displayed or may be individually “hailed” at the first windward mark. Boats whose numbers are displayed or hailed shall sail clear of the fleet and retire immediately.

13. CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the Race Committee will move a mark or the finishing line to a new position.
- 13.2 The change will be signaled by displaying Flag C in a Race Committee vessel with repetitive sound signals. No other signals will be given. This changes *RRS 33* Minor adjustments of mark positions will not be signaled.
- 13.3 In addition to *RRS 32*, when a race committee vessel displays Code Flag F near a mark or gate and makes repeated sound signals, boats shall pass between the vessel displaying Flag F and the nearby mark, leaving the mark on the required side, and then sail to the finish line to finish. This changes the course and *RRS 32.2* and *33*.

14. THE FINISH

- 14.1 The finish line will be between the **MAIN MAST or staff displaying a Blue flag**, on the finishing vessel, and the Finish Mark which will be a **Black spherical buoy**.
- 14.2 When the race committee signals to a boat that is still racing by displaying flag W with one sound signal:
 - The boat is no longer required to sail the course. This changes *RRS 28.1*. The boat shall no longer continue racing, and shall return to the starting area, or return ashore if there is no more racing; and the race committee will, without a hearing, score the boat points determined by her place in the race as recorded at the time of signalling by the race committee vessel.
 - This changes *RRS 61.1(a)* and *RRS A5*.

14.3 If a boat intends to request a hearing she shall inform a Committee Vessel as soon as is practical after finishing.

15. PENALTY SYSTEM

15.1 For the 29er & 49er classes ONLY, the Scoring Penalty in RRS 44.1 is changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty.

16. TIME LIMITS AND TARGET TIMES

16.1 The Mark 1 Time Limits, Race Time Limits (see RRS 35), Finishing Windows, and Target times are shown in the table below. Times are shown in minutes.

Fleet	Mark 1 Time Limit	Race Time Limit	Finishing Window	Target Times
29ers & 49ers	20	60	15	30
All Other Fleets	20	75	15	40

16.2 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing.

16.3 A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

16.4 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

16.5 If no boat has passed Mark 1 of the course within the mark 1 time limit from the starting signal the race will be abandoned. This amends RRS 35.

17 HEARING REQUESTS

17.1 The protest time limit is 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.

17.2 Hearing request forms are available from the Race Office at the clubhouse Committee Room.

17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Protest Room, located in the clubhouse, beginning at the time posted.

17.4 Notices of protests by the race committee or Protest Committee will be posted to inform boats under RRS 61.1(b)

(1) Within the hearing request time limit if the party requesting re-opening was informed of the decision on the previous day.

(2) No later than 30 minutes after the party, requesting re-opening was informed of the decision on that day.

18. SCORING

18.1 Two races are required to be completed to constitute a series.

18.2 When fewer than four races have been completed, a boat’s series score will be the total of her race scores. This changes RRS A2.

18.3 When from four to seven races have been completed, a boat’s series score will be the total of her race scores excluding her worst score.

18.4 When eight races have been completed, a boat’s series score will be the total of her race scores excluding her 2 worst scores.



19. SAFETY REGULATIONS

- 19.1 All competitors shall always wear adequate personal flotation devices at all times when afloat, except briefly while changing or adjusting clothing or personal equipment. Dry or wet suits are not appropriate flotation devices. This changes *RRS 40*.
- 19.2 Each sailor must collect a tally band when launching.
The tally band must be worn by each sailor, otherwise, the boat will not be scored.
Tally bands must be returned immediately when competitors return to the club.
- 19.3 The OA may stop a boat launching, or require it to return ashore, if it considers the boat, its equipment or crew, are not adequate for the likely conditions, or for any other reason.
The decision is final and shall not be grounds for redress.
- 19.4 [DP] A boat that retires from a race, or does not intend to start a race, should notify the Race Committee as soon as possible.

20. REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 [DP] Substitution of competitors is not allowed without prior written approval of the Race Committee.
- 20.2 [DP] Substitution of damaged or lost equipment is not allowed unless authorised in writing by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity, which may be after the race.
- 20.3 Permission, to be followed up in writing when the competitor comes ashore, may be given verbally by the Race Committee on the water.

21. EQUIPMENT AND MEASUREMENT CHECKS

- 21.1 A boat or equipment may be inspected at any time for compliance with the class rules, NoR and SIs.
- 21.2 [DP] When instructed by a Race Official on the water, a boat shall proceed to a designated area for inspection.

22. SUPPLIED BOATS *(Not applicable at this event)*

23. OFFICIAL VESSELS

- 23.1 Boats designated by the Race Committee to lay marks, perform race management and rescue duties, to carry umpires/juries, to carry Race Committee personnel and authorised media representatives are deemed to be Official Vessels.

24. SUPPORT VESSELS

- 24.1 All other craft not competing in the event, including (but not limited to) those of team leaders, coaches, parents/guardians and supporters, are deemed to be Support Boats.
- 24.2 **Kill cords shall be worn at all times when the engine is running.**
- 24.3 Support boats **shall not cause a wake and** must keep clear of the Race Area while boats from any class are racing from the time of the warning signal until all boats have finished or retired, or the Race Committee signals a postponement, or abandonment for all classes, and act in accordance with the instructions of the Race Committee. Failure to do so may result in the boat(s) being supported being penalised or disqualified.

25. TRASH DISPOSAL

- 25.1 Trash may be placed aboard official or support person vessels.

26. BERTHING

- 26.1 [DP] Boats shall be kept in their assigned places while ashore.

27. HAUL OUT RESTRICTIONS *(Not applicable at this event)*

28. DIVING EQUIPMENT AND PLASTIC POOLS *(Not applicable at this event)*

29. PRIZES

29.1 Prizegiving will be on Sunday 26th July at the Clubhouse as soon as is possible following racing, when all competitors are ashore, and the final results are available.

29.2 Prizes will be awarded as per NoR.

30. RISK STATEMENT

30.1 *RRS 3* states:

'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes'.

31. INSURANCE

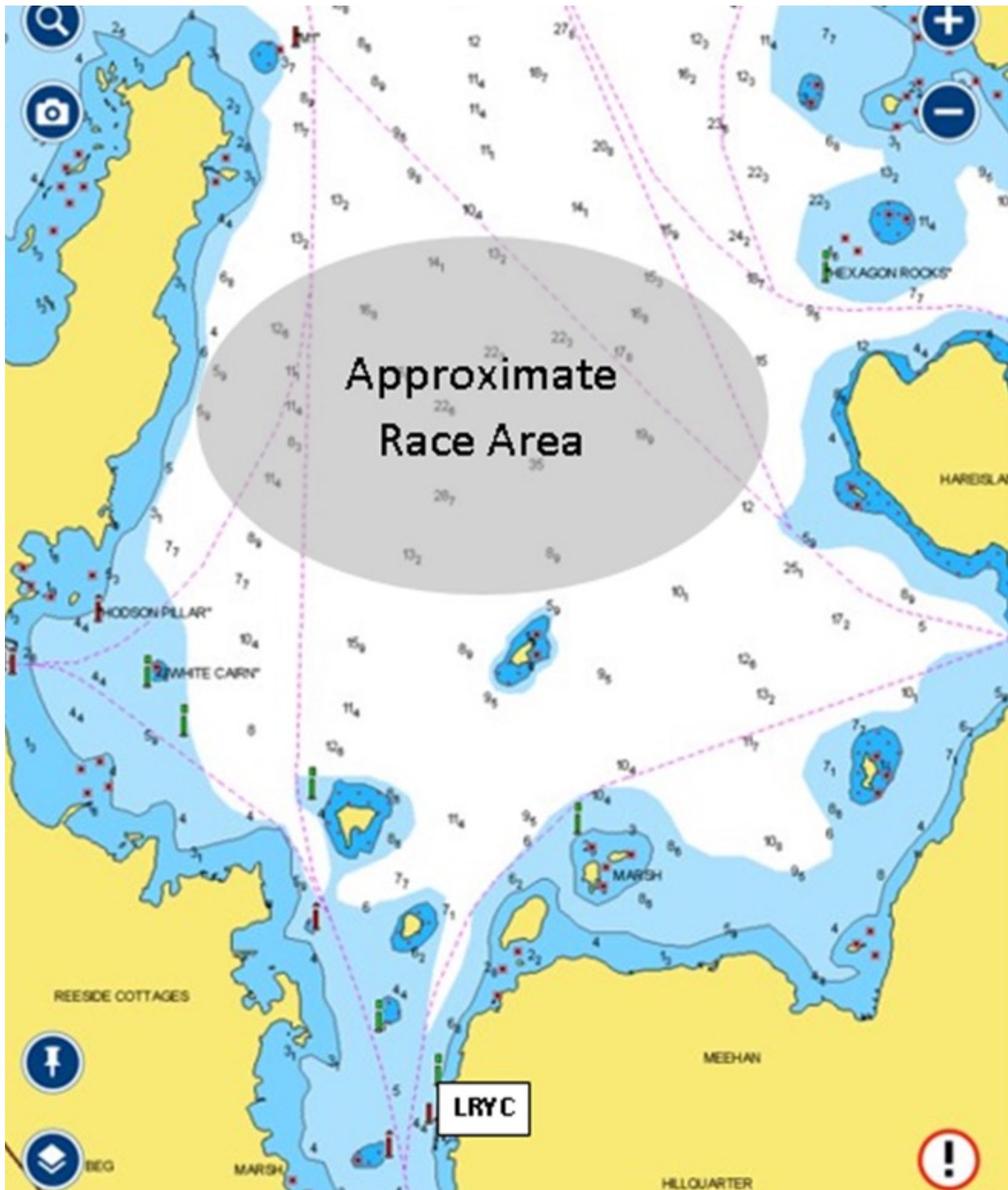
31.1 Each participating boat shall be insured with valid and adequate insurance against any risk, including civil responsibility to third parties for the entire event.

31.2 Certificate of insurance may be required at registration.

31.3 By completing the entry form all Owners / Competitors are deemed to have declared that they hold such cover.

31.4 Owners / competitors not holding such cover shall withdraw their entry.

ADDENDUM A APPROXIMATE RACE AREA



Allow a minimum of $\frac{1}{2}$ to $\frac{3}{4}$ hour to get to starting area.

ADDENDUM B COURSE DIAGRAM

COURSES

Mirrors	START - 1A - 2 - 3s/3p - 2 - 3p - FINISH 1
Fevas	START - 1A - 2 - 3s/3p - 2 - 3p - FINISH 1
420s	START - 1A - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - FINISH 1
29ers & 49ers	START - 1B - 4s/4p - 1B - 4s/4p - 1B - 4p - FINISH 2

NOT TO SCALE

